



**MANUEL  
LISBOA**  
FOZ FELIZ



***FOZ DO  
ARELHO***

**FOZ FELIZ**



# **CANDIDATE'S MANIFESTO**



ENGLISH



FRANÇAIS

[WWW.FOZFELIZ.PT](http://WWW.FOZFELIZ.PT)

**FOZ FELIZ**

# MEET THE CANDIDATE: MANUEL LISBOA

I'm Manuel Lisboa, 72 years old, with a life full of work, courage and dedication to the community. Maybe you know me as "Manel das Fritas", the result of a long career in the restaurant business - in Brussels, Caldas da Rainha and Óbidos — where I brought the Portuguese flavor to the world. I was born in Estrada, Pombal, and like many Portuguese of my generation, I migrated "a salto" to Belgium. I lived there for 40 years, where I built a family, created opportunities, ran businesses — and never forgot where I came from.

I was active in community associations with Portuguese communities and proudly helped preserve our cultural roots.

Now retired, with my feet firmly in Foz do Arelho - a place I've grown to love - I feel it's time to give back.

I'm running out of gratitude. Out of civic duty. Because I believe that, with experience, listening and action, I can give our parish new energy.

I want a Happy Foz — more supportive, safer, more participative. A parish where the elderly are valued, and the young want to stay. Where our land, our beach, our Lagoon are a source of pride and well-being for all.

I don't bring paper promises. I bring a lifetime of hard work.

Above all, I bring a will to unite generations, to value what is ours, and to work with honesty and closeness.

- ◆ If you think I can be helpful, count on me.
- ◆ If you choose me, I promise to be by your side - with humility, action and commitment.

Let's build a Happy Foz together.

*Manuel Lisboa*

**Candidate for the Foz do Arelho Parish Council**



**FOZ FELIZ**

# **DISCURSO DE APRESENTAÇÃO** **MANUEL LISBOA**

A GENUINE AND INSPIRING PROPOSAL FOR THE MOMENT YOU PRESENT YOURSELF TO THE COMMUNITY.

Dear friends and neighbors of Foz do Arelho,

I am running for Parish Council President with a full heart and feet firmly rooted in our land. I'm not here with empty promises, but with active listening, a desire to unite generations, and a determination to value what is ours - the beaches that make us unique, the local shops that are the heart of the parish, and above all, our people.

Let's build a Foz do Arelho that is closer, fairer, and truly ours.

I'm counting on you.

*Manuel Lisboa*

**Candidate for the Foz do Arelho Parish Council**



**96 577 49 26**

# FOZ FELIZ • RESPEITAR CALDAS

WE WILL DEFEND THE BEST INTERESTS OF FOZ DO ARELHO

HEALTH • SECURITY • SPORTS • SENIORS



**Competent  
Experienced  
Reliable  
Thorough  
Serious**



**CHEGA**

Talk to me  96 577 49 26

**INFORMATION SESSION:  
SATURDAY, AUGUST 16TH, AT 5:00 PM  
CENTRO SOCIAL E RECREATIVO DA FOZ DO ARELHO**